

General Statement

The Advanced Aesthetics team strives to prepare each patient for their surgery in the belief that a well educated patient will have a better outcome. We encourage you to ask questions and read all of the information we present.

PRE-OP INSTRUCTIONS

After you have made your decision to have your surgery and have scheduled a date, you will be scheduled for a PRE-OP visit. At this time your medical history will be reviewed, pre-op photos will be taken, consents forms will be signed and pre-op instructions will be given that relates to your specific surgery. Any necessary prescriptions will be issued. These prescriptions will need to be filled by you PRIOR to your surgery date.

If you smoke it is in your best health interest to stop smoking. You are required to stop smoking at least two weeks before your surgery and two weeks after your surgery. Additionally, please refer to the **Medications to Avoid Before and After Surgery**.

You will be advised to make arrangements for a responsible adult (over the age of 18) to drive you to the Surgery Center and pick you up from the Surgery Center on your surgery day. This can be a family member or friend.

Please refer to the following for additional general information:

Pre-Op Checklist for Patients

Medications to Avoid Before and After Surgery

Guide to Surgery, Anesthesia and Herbal Medicines

POST-OP INSTRUCTIONS

At your Pre-Op appointment you will be given instructions regarding your care after your surgery. PLEASE BE AWARE it will be necessary for you to make arrangements for a caregiver for at least your first 24 hours after your surgery if not longer. It is preferable for the caregiver to be the same person who will be picking you up after your surgery. Discharge instructions will be given regarding your surgery and medication needs by the Discharge Nurse.

CONSENTS

Consents related to your specific surgery will be discussed with you at your Pre-op visit. You will be asked to read several pages of information, initial and sign your comprehension and acceptance.