

Advanced Aesthetics **Preop Checklist for Patients**

This is a suggested list of items you may want to have on hand before surgery

ALL PATIENTS

Socks – be sure to take one pair with you on your surgery day

4 X 4 Gauze pads

Sprite/Ginger ale

Jell-O, soup, crackers, and pudding

Fill all your prescriptions before surgery

Make sure you and your care giver read over all post op instructions and has them easily accessible

LIPOSUCTION

Maxi pads cut in half

2 Inch paper tape

Clean disposable medical exam gloves

Old sheets for your bed

Vinyl shower curtain or large black garbage bags to protect your mattress/recliner

TUMMY TUCK

Dixie cups (to empty drains into)

Peroxide

Triple Antibiotic or Neosporin Ointment

Q Tips

Clean disposable medical exam gloves

EYE LIFT OR FACELIFT

Sterile Saline

Peroxide

Triple Antibiotic or Neosporin Ointment

Q Tips

1 lb bag of frozen peas (reusable)

NOSE SURGERY OR BROWLIFT

1 lb bag of frozen peas (reusable)