

## **Advanced Aesthetics**

### **Pre-Op Checklist for Patients**

This is a suggested list of items you may want to have on hand before surgery

#### **ALL PATIENTS**

- ◆ Socks—be sure to take one pair with you on your surgery day
- ◆ 4x4-inch Gauze pads
- ◆ Sprite or Ginger ale
- ◆ Jell-O, soup, crackers, and pudding
- ◆ Fill all your prescriptions before surgery
- ◆ Make sure **you and your caregiver** read over all post-op instructions and keep them easily accessible

#### **LIPOSUCTION**

- ◆ Maxi-pads cut in half
- ◆ 2-inch paper tape
- ◆ Clean, disposable medical exam gloves
- ◆ Old sheets for your bed
- ◆ Vinyl shower curtain or large black garbage bags to protect your mattress/recliner

#### **TUMMY TUCK**

- ◆ Dixie cups (for empty surgical drains)
- ◆ Peroxide
- ◆ Triple Antibiotic or Neosporin Ointment
- ◆ Cotton swabs
- ◆ Clean, disposable medical exam gloves

#### **EYE LIFT OR FACELIFT**

- ◆ Sterile saline
- ◆ Peroxide
- ◆ Triple Antibiotic or Neosporin Ointment
- ◆ Cotton swabs
- ◆ 1-pound bag of frozen peas (reusable)

#### **NOSE SURGERY OR BROWLIFT**

- ◆ 1-pound bag of frozen peas (reusable)